

PARENTING & PLAY

FOR MOTHERS AND FATHERS AND THEIR CHILDREN AGED UNDER SCHOOL AGE



Join us for a morning of fun and play at a Supported Playgroup run by Parentzone Gippsland from Anglicare Victoria.

This group will provide you and your child with the opportunity to:

1. Interact with your child through play activities together.
2. Learn new ideas and fun ways to help your children learn through play.
3. Meet with other parents and children.
4. Get help and encouragement with your parenting concerns.

The group will be facilitated by a trained and skilled Playgroup Facilitator from Parentzone Gippsland who will provide support to the parents and children.

The Supported Playgroup session will include strategies from the **smalltalk** program which aims to improve the quality and frequency of parent-child interactions known to increase children's development and learning outcomes.

WHO: Parents and their children aged under-school-age, who hold a Health Care Card or equivalent

COST: Free

TO ENROL OR GET MORE INFORMATION CONTACT:

Parentzone Gippsland 5133 9998

WHEN AND WHERE:

There are four playgroups at different times and locations in Morwell and Churchill for you to choose from.

More detail is listed on the back of this flyer.



Parentzone
GIPPSLAND

✉ parentzone.gippsland@anglicarevic.org.au
🌐 anglicarevic.org.au/parentzone

There are five playgroups at different times and locations for you to choose from:

| WHEN | WHERE | TIME | FOCUS |
|--|--|------------------------|--|
| Monday mornings during school terms | Anglicare Victoria 101 Buckley Street, MORWELL | 10.30 am to 12.30 pm | All parents and their children aged under-school-age |
| Tuesday mornings during school terms | Anglicare Victoria 101 Buckley Street, MORWELL | 10.00 am to 12.00 noon | All parents and their children aged under-school-age |
| Wednesday mornings during school terms | Anglicare Victoria 101 Buckley Street, MORWELL | 10.00 am to 12.00 noon | All parents and their children aged under-school-age |
| Friday mornings during school terms | Glendonald Park Pre School 19 Churinga Drive, CHURCHILL | 10.30 am to 12.30 pm | All parents and their children aged under-school-age |